

The DGiF at a Glance

Diverse Gender Identity Framework

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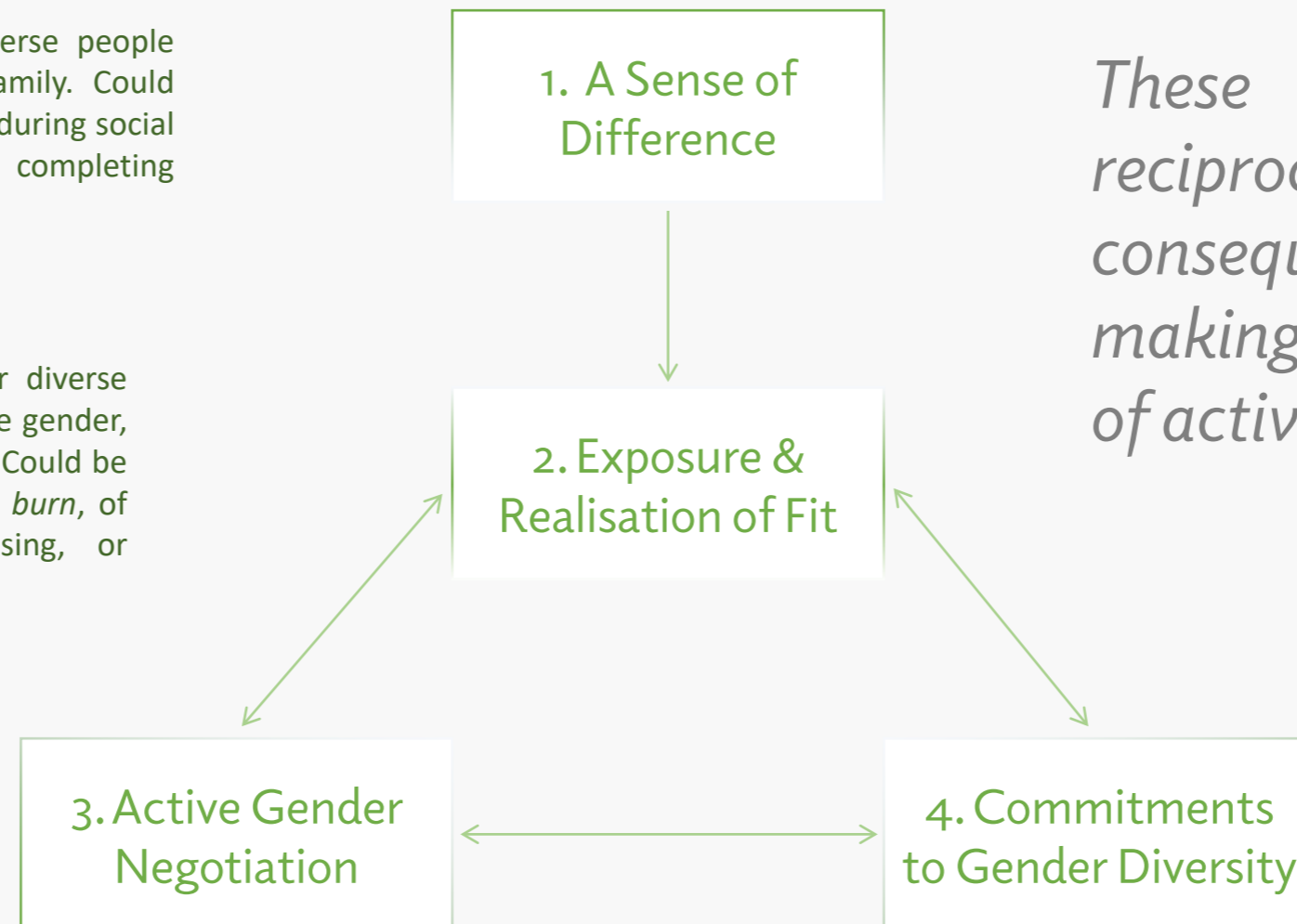
1. Describing the moment when gender diverse people began to feel different to their peers or family. Could emerge *early in life*, before schooling, or *later*, during social or biological changes (puberty, high school, completing tertiary study, etc).

2. The moment or moment(s) where gender diverse people are exposed to the possibility of diverse gender, and the application of that identity to the self. Could be a *light bulb moment* of instant clarity, a *slow burn*, of exploring diverse gender before internalising, or *rejection*.

3. The processes of learning about diverse gender. *Exploring* the possibilities through active education, *experimenting* with presentation and identity, and (possibly) *emulating* existing masculine/feminine archetypes.

The Diverse Gender Identity Framework represents a new way of understanding how gender diverse people come to their identity. Synthesised from more than 70 qualitative studies exploring identity development processes in this marginalised community, it is inclusive of both binary-aligned and non-binary experiences and makes clear where these experiences might converge and where they might diverge.

The GDIF is embedded deeply within identity and developmental literature, focussing less on the biosocial processes of transition, and more upon the psychological processes of exploring diverse gender, making identity commitments within that space, and how these processes can lead to ongoing and life-long changes in gender identity.



These processes may be reciprocal and cyclical, and consequences of commitment-making may prompt new rounds of active gender negotiation!

4. Making commitments to gender diverse identity, sometimes irreversible. Including the *redefining of personal identity*, through label choices and names, *expressing identity* through presentation and coming out to others, and potentially *pursuing transition*.